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## Complete and Fast Recovery from Idiopathic Facial Paralysis Using Laser-Photobiomodulation

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### Abstract

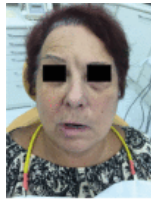
Idiopathic facial paralysis, also known as Bell's palsy, exerts a negative effect on the quality of life. Although the prognosis is good in the majority of cases, a significant percentage of affected individuals may have sequelae that can negatively affect their lives. The use of therapeutic measures as early as possible can improve the prognosis. This article describes the successful use of laser-photobiomodulation as a single therapy in a patient with Bell's palsy and confirms the possibility of using this therapeutic modality as a good choice, since it is a therapy that is painless, comfortable, and without systemic side effects. The findings demonstrate that the adequate use of laser-photobiomodulation can be an effective therapeutic option for patients with Bell's palsy, regardless of the age, shortening the recovery time obtained with conventional therapies and avoiding sequelae. Further studies are needed for the establishment of adequate protocols.

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### Figures



**Figure 1** Patient with Bell's palsy—pretreatment.



**Figure 2** Patient with Bell's palsy—pretreatment.



**Figure 3** Laser application points.



**Figure 4** Results after ten sessions of...

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